



Arukah Project

— RESTORE • RENEW • REBUILD —

Our Mission

Arukah Project is a faith-based non-profit that works to restore, renew, and rebuild the lives of survivors of sex trafficking in Santa Cruz County. Our integrated approach engages and empowers the local church, businesses, government agencies, and community stakeholders to collaborate to bring wholeness and freedom.

Initiatives

OUTREACH: *coming alongside to support in times of need, difficulty, or crisis*

- Prevention Education
- Awareness events
- Safety Planning
- Justice
- Early Intervention
- First Responders
- Social Services

INTEGRATED HEALTH: *addressing physical, mental, emotional, and spiritual needs to achieve lasting stability and restore overall well-being*

- Spiritual / Pastoral Care
- Psychiatric Assessment and referral
- Qualified Trauma Therapists referral
- Recovery and Addiction resourcing
- Journaling / Art / Music / Mindfulness activities
- Medical Assessment / Testing
- Exercise / Activity
- Dental referral
- Nutrition planning
- Personal Care and Hygiene

STORY-TELLING: *creating safe space to process and heal from traumatic experiences*

- Process what happened
- Establish Perspective
- Build Language
- Share in an empowered way

MENTORING: *instilling necessary skills and knowledge to prepare for and maintain independence*

- Budgeting
- Credit Recovery
- Cleaning
- Technology
- Time Management
- Debt Management
- Cooking
- Transportation
- Scheduling
- Education

EMPOWERMENT: *inspiring confidence to set, reach, and sustain long-term goals*

- Goal Setting
- Community Building
- Housing
- Vocational



Contact Us

Phone: 831-216-8004

Email: info@ArukahProject.org

Website: www.ArukahProject.org

Facebook: ArukahProject

Instagram: Arukah.Project

Mailing Address: 1840 41st Ave.

STE 102-317, Capitola, CA 95010